

**MPR Health Fair Packages**

|                                | <b>A</b>  | <b>B</b>  | <b>C</b>  |
|--------------------------------|---|---|---|
| Criteria                       | Dedicated budget<br>75-300 Employees  | Some budget<br>40-100 Employees   | Little or no budget<br>20-50 Employees  |
| Entity Budget                  | \$3000+   | \$250-\$3000  | \$0-250   |
| Required Minimum Notice to MPR | 120 Days  | 90 Days   | 60 Days   |
| Entity Commitment              | Promote Event<br>Staff Event<br>Coordinate with MPR<br>Coordinate with vendors<br>Provide table, power source and Wi-Fi internet if possible<br>Food for vendors & attendees<br>Thank you cards<br>Evaluation forms | Promote Event<br>Staff Event<br>Coordinate with MPR<br>Coordinate with vendors<br>Provide table, power source and Wi-Fi internet if possible<br>Food for attendees<br>Thank you cards<br>Evaluation forms | Promote Event<br>Staff Event  |
| Commitment from MPR            | 7-14 days of prep time<br>travel time<br>attend day of event<br>provide a door prize  | 2-7 days of prep time<br>travel time<br>attend day of event<br>provide a door prize   | 4-6 hours of prep time<br>travel time<br>attend day of event<br>provide a door prize                      |
| Suggested Event Duration       | 4-6 hours   | 3-4 hours   | 2-3 hours   |
| Suggested Available Services   | mycigna/myhumana.com demo<br>online HRA instructions<br>1-3 health screenings*<br>4-10 vendors**<br>1-2 demonstrations  | mycigna/myhumana.com demo<br>online HRA instructions<br>1-2 health screenings*<br>3-5 vendors**   | mycigna/myhumana.com demo<br>online HRA instructions<br>Automatic BP                                      |
| Materials Available            | 2-3 MPR health exhibit displays<br>Partner materials (Delta, VSP, Humana, New Directions, Cigna, Hearing)   | 1-2 MPR health exhibit displays<br>Partner materials (Delta, VSP, Humana, New Directions, Cigna, Hearing)   | 1-2 MPR health exhibit displays<br>Partner materials (Delta, VSP, Humana, New Directions, Cigna, Hearing) |

\* Screening suggestions: biometrics, stroke detection, flu shots, Alzheimer's, blood pressure, skin cancer, vision, hearing

\*\* Vendor suggestions: dietitian, personal trainer, massage therapist, chiropractor, yoga instructor, YMCA, hospital, bike safety, self defense, Delta Dental, VSP, New Directions, Cigna, Humana